

1 **Time-resolved Biofilm Deformation Measurements using Optical**
2 **Coherence Tomography**

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12

13 **Abstract**

14 The interaction of shear stress with the biofilm leads to a dynamic deformation, which is
15 related to the structural and material characteristics of biofilms. We show how optical
16 coherence tomography can be used as an imaging technique to investigate the time-resolved
17 deformation on the biofilm mesoscale as well as to estimate mechanical properties of the
18 biofilm. For the first time time-resolved deformation from cross-sectional views of the inner
19 biofilm structure could be shown. Changes in the biofilm structure and rheological properties
20 were calculated from cross sections in real time and time-lapsed measurements. Heterotrophic
21 biofilms were grown in a flow cell set-up at low shear stress of $\tau_w = 0.01$ Pa. By applying
22 higher shear stress elastic and viscoelastic behavior of biofilms were quantified. Deformation
23 led to a change in biofilm conformation and allowed to estimate rheological properties.
24 **Assuming an ideal wall shear stress calculation**, the shear modulus $G = 29.7 \pm 1.7$ Pa and the
25 Young's modulus $E = 36.0 \pm 2.6$ Pa **were estimated**.

26
27 **Keywords:** optical coherence tomography, biofilm rheology, mechanical properties, time-
28 resolved deformation, shear and Young's modulus, mesoscale.

29
30

31 **Introduction**

32 Microbial communities form biofilms, which are attached to interfaces. Such systems typically
33 grow in moist environments and consist of several species partly forming cell clusters, which are
34 embedded in a matrix of extracellular polymeric substances (EPS, Flemming and Wingender,
35 2010). As the size of the involved microorganisms is in the range of micrometers, microscopic
36 techniques have been applied to describe biofilm structures since the early 1990's (Lawrence et al.,
37 1991). Nevertheless, in recent years the mesoscale (range of mm) of biofilm structures has been
38 identified as important part for the understanding of biofilm systems (Morgenroth and Milferstedt,
39 2009). Especially the behavior of biofilm structures under certain hydrodynamic (shear) conditions
40 could only be understood better if the mechanical properties of the viscoelastic material are known
41 (Böl et al., 2013; Guélon et al., 2011). The viscoelastic behavior of biofilms results in a reduced
42 effectivity if increased shear stress is applied to remove parts of the biofilm (Rupp et al., 2005).
43 Biofilms which adapted to the stresses in their growth environment are able to withstand a variety
44 of changing conditions (e.g. toxins, oxidants, or disinfection) due to the protective properties of the
45 biofilm matrix (Brooun et al., 2000; Spoering and Lewis, 2001; Yoo and Chen, 2012). Stress
46 induced detachment seems to be an alternative cleaning procedure where the flow velocity is simply
47 changed to create a change in shear stress. Therefore it is essential to investigate the ability of
48 biofilms to withstand erosion and sloughing, i.e. to understand the mechanical behavior. Biofilm
49 rheology deals with the physical properties of the biofilm matrix which depend on the composition
50 of the EPS and influences the shape as well as mechanical stability of biofilms (Christensen and
51 Characklis, 1990; Klapper et al., 2002). Investigations of biofilm rheology were mainly done by
52 either microscopic techniques such as light and fluorescence microscopy (Klapper et al., 2002;

53 Stoodley et al., 1999) or macroscopic techniques such as compression measurements (Körstgens et
54 al., 2001), rheometer creep analysis (Towler et al., 2003), and fluid dynamic gauging (Möhle et al.,
55 2007). While microscopic techniques investigate biofilm structures on a scale of approximately
56 hundred μm to reveal structural dynamics, macroscopic techniques use much larger structures to
57 measure average rheological properties. To validate measured quantities on micro- and macroscale,
58 a technique to measure on the scale in between needs to be applied. A technique capable to resolve
59 structures in the mm-range with a μm resolution is optical coherence tomography (OCT). OCT is
60 a technique to measure depth-resolved reflection signals from translucent samples such as biofilms
61 (Huang et al., 1991). Advantages over conventional imaging techniques used for structural
62 description, such as confocal laser scanning microscopy (CLSM), are the fast measurement speed,
63 no need for staining, and the possibility to measure *in situ* without destroying the biofilm structure.
64 OCT can additionally be used as tool to analyze biofilm characteristics such as porosity, roughness
65 and distribution of cavities (Wagner et al., 2010; Xi et al., 2006). Recently, OCT has been used for
66 the on-line observation of biofouling in membrane fouling simulators to investigate the biofouling
67 behavior in reverse osmosis and nanofiltration systems (Dreszer et al., 2014).

68 In the present study we demonstrate the implementation of OCT to image biofilm deformation
69 under non-stationary conditions. Experiments for dynamic and time-lapsed analysis of biofilm
70 behavior adapting to changing shear stress conditions have been conducted. The technique
71 developed allowed to follow structural changes of biofilms at the mesoscale in time-resolved
72 measurements of two-dimensional cross sections as well as in volumetric datasets. A subsequently
73 performed digital image analysis was used to estimate rheological parameters. Thereby, the
74 dynamic change of the biofilm structure could be related to the applied shear stress.

75 **Materials and Methods**

76 **Biofilm Cultivation**

77 For each experiment a biofilm was grown in a transparent flow cell with a straight channel made
78 of poly-methyl-methacrylate (PMMA, channel dimensions ($L \times W \times H$): $124 \times 2 \times 1 \text{ mm}^3$) as shown
79 in Figure 1 A. A bubble trap (Technical University of Denmark, Department of Systems Biology,
80 Lyngby, Denmark) was installed between peristaltic pump (Ecoline VC-MS/CA8-6, Ismatec,
81 Weinheim, Germany) and flow cell in order to avoid gas bubbles entering the flow cell and to
82 compensate for pulsation of the flow. All components were connected with silicone rubber tubing.
83 The flow cell was inoculated for 24 h with 20 ml of activated sludge supernatant (KA Neutret,
84 Karlsruhe, Germany). After the inoculation phase the system was changed to a flow through set-
85 up by which the suspended bacteria were washed out of the system. The cultivation medium was
86 composed of (inflow concentration in mg/L): $(\text{NH}_4)_2\text{SO}_4$ (18), $\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$ (13), $\text{NaNO}_3 \cdot 2\text{H}_2\text{O}$
87 (12), $\text{CaCl}_2 \cdot 2\text{H}_2\text{O}$ (9), and $\text{FeSO}_4 \cdot 7\text{H}_2\text{O}$ (10). Glucose (30 mg/L) was chosen as sole carbon
88 source and trace elements were added (in $\mu\text{g/L}$): H_3BO_3 (300), $\text{CoCl}_2 \cdot 6\text{H}_2\text{O}$ (110), $\text{MnSO}_4 \cdot \text{H}_2\text{O}$
89 (20), $\text{Na}_2\text{MoO}_4 \cdot 2\text{H}_2\text{O}$ (26), $\text{NiCl}_2 \cdot 6\text{H}_2\text{O}$ (10), and $\text{ZnSO}_4 \cdot 7\text{H}_2\text{O}$ (56). The solution was phosphate
90 buffered to keep $\text{pH} = 6.8$.

91 **Optical Coherence Tomography**

92 A spectral domain optical coherence tomograph (GANYMEDE, Thorlabs GmbH, Dachau,
93 Germany) was used to visualize biofilm structure in shear stress experiments. Optical coherence
94 tomography (OCT) measures intensity depth profiles (A-scan) from translucent samples such as
95 biofilms. Consecutive A-scans provide a cross-sectional view of the biofilm structure (B-scan, xz-

96 plane). B-scans are combined to volumetric representations within this communication referred to
97 as C-scan. In Figure 1 B the OCT principle is shown. Briefly, a broadband super luminescent diode
98 (SLD) with a central wavelength of 930 ± 80 nm is used as light source in a Michelson
99 interferometer. The light is split at the **beam splitter** into the reference and the sample arm. Through
100 the sample arm the light penetrates the sample and is reflected. The reflected light superimposes
101 with the light from the reference arm and creates an interference pattern. This interference pattern
102 is transformed via a fast Fourier transformation (FFT) into a depth-resolved intensity signal for one
103 spot (A-scan, z-direction) to generate a depth profile. By scanning along the x-dimension a 2D
104 cross section through the biofilm structure is generated (B-scan, xz-plane). By acquiring
105 consecutive B-scans along the y-dimension a volumetric representation is created (C-scan). The
106 scanning speed of the OCT used in this study reaches up to 29000 A-scans/s and covers a lateral
107 field of view of 10×10 mm². With a maximal axial resolution of <5.8 μ m and 8 μ m lateral, OCT
108 is capable to visualize whole 3D structures in seconds.

109 **Shear Stress Experiments**

110 To allow a better understanding of the performed experiments, it has to be stated that the term
111 ‘dynamic’ is used for experiments in which the time between consecutive B-scans is short
112 compared to the time it takes to acquire a single C-scan. In ‘time-lapsed’ experiments the time
113 between consecutive acquired B- or C-scans is much longer compared to the acquisition time of a
114 single B- or C-scan. In consequence, time series of cross sections (B-scans) can be dynamic or
115 time-lapsed, whereas volumetric representations (C-scans) are always time-lapsed measurements.

116

117 For shear stress experiments biofilms were grown in the flow cell as described earlier in Materials
118 and Methods. The effect of a raised shear stress was studied on biofilm structures developed in the
119 center of the flow channel. The investigated structures were either round and patchy or flat and
120 streamer-like shaped. The OCT was set to measure B-scans (xz-cross sections) along the flow in
121 the center of the flow channel (see Fig. 1 A) to reveal the inner structure of the biofilm and its
122 change during deformation. The changes in biofilm conformation were measured by suddenly
123 increasing the shear stress. The OCT scan rate was set to 10000 A-scans/s for enhanced image
124 quality, acquiring B-scans (xz-cross sections) of $2.00 \times 1.95 \text{ mm}^2$ ($1024 \text{ pixel} \times 700 \text{ pixel}$, px^2)
125 within 100 ms (10 frames per second, fps). Each acquired B-scan consisted of 1024 A-scans. In a
126 first shear stress experiment the deformation of the biofilm was induced by applying an elevated
127 shear stress for a duration of 10 s. This experiment was conducted to estimate the time needed to
128 reach the maximal deformation of the biofilm. A more detailed experiment was conducted to relate
129 the change of the biofilm structure to the changed shear stress conditions. Therefore, a series of 22
130 B-scans was acquired over 2.1 s providing accurate imaging of the biofilm deformation on-line and
131 *in situ*. Flow cell hydrodynamics were calculated according to Stoodley et al. (2001) assuming fully
132 developed laminar flow through a rectangular flow channel.

133 The hydraulic diameter D_h was derived from the width (W) and height (H) of the flow channel:

134
$$D_h = \frac{4HW}{2(H+W)} \quad (1)$$

135 The maximal flow velocity in the flow cell can be approximated from the average flow velocity
136 u_{avg} as follows:

137
$$u_{max} = \frac{3}{2}u_{avg} \quad (2)$$

138

139 The Reynolds number Re has been calculated according to:

140
$$Re = \frac{u_{avg} D_h}{\nu} \quad (3)$$

141 where ν is the kinematic viscosity of water at 20°C.

142 The wall shear stress τ_w was calculated from the dynamic viscosity of water η , the maximal flow
143 velocity in the flow cell u_{max} and the hydraulic diameter D_h :

144
$$\tau_w = \frac{4\eta u_{max}}{D_h} \quad (4)$$

145

146 Here it needs to be stressed that the wall shear stress τ_w was calculated assuming an ideal fully
147 developed laminar flow between infinite parallel plates. Therefore τ_w does not account for local
148 disturbances of the fluid flow by the heterogeneity of the biofilm structure and movement of the
149 biofilm itself. In consequence estimates of moduli can be considered approximate, but allow
150 comparison with existing values (i.e. Stoodley et al., 1999).

151 The shear modulus G was estimated from the angle of deformation α from the OCT B-scans before
152 and after changing the shear stress τ_w :

153
$$G = \frac{\tau_w}{\alpha} \quad (5)$$

154 **Stress-Strain Experiments**

155 Stress-strain experiments were conducted by incrementally increasing (load cycle) or decreasing
156 the shear stress (unload cycle). Stress-strain experiments were performed at shear stress level of
157 $\tau_w = 0.04$ (growth condition), 0.43, 0.82, 1.21, 1.61, 2.00, 2.39, 2.78, 3.17, and 3.56 Pa,
158 respectively. The shear stress was applied for 60 s onto the biofilm structure before an OCT C-scan
159 was acquired. The C-scan volume of $3.00 \times 3.00 \times 1.46 \text{ mm}^3$ ($350 \times 350 \times 700 \text{ voxel}$) was
160 acquired within 12 s capturing the volumetric representation of the biofilm. The elongation of
161 biofilm structures due to applied shear stresses was quantified from single cross sections (B-scans)
162 of the C-scan. Strain ε was calculated from the change in length Δl relative to the length l of the
163 biofilm structure (imaged at no flow):

164
$$\varepsilon = \frac{\Delta l}{l} \quad (6)$$

165 The Young's Modulus E was estimated from the linear part of the load cycle in the resulting stress-
166 strain curve:

167
$$E = \frac{\tau_w}{\varepsilon} \quad (7)$$

168

169 **Image Analysis**

170 OCT data sets were processed using ImageJ 1.48u (Schneider et al., 2012). For image processing
171 B-scans were cropped to the minimal size possible without losing biofilm related information. An

172 implemented plugin ("Find Connected Regions") was used to identify connected biofilm structures.
173 *Otsu's* method was used to threshold and binarize the B-scans (Otsu, 1979). The elongation ΔL of
174 the biofilm structure and the angle of deformation α were calculated from manual displacement
175 measurements, while the mean biofilm thickness \bar{L}_F and porosity were processed by in-house
176 macros. The following parameters were used to describe and characterize changes in the biofilm
177 structure:

178 **Mean Biofilm Thickness**

179 The mean biofilm thickness of each OCT B-scan was calculated from:

$$180 \quad \bar{L}_F = \frac{1}{N} \sum_{i=1}^N L_{F,i} \quad (8)$$

181 where $L_{F,i}$ is the biofilm thickness from a single A-scan i in the corresponding B-scan and N is the
182 total number of A-scans. Mean biofilm thickness was calculated for each OCT B-scan either in a
183 series of B-scans or in C-scans offering the possibility to monitor the change (e.g. compression)
184 during the experiment.

185 **Surface Roughness Coefficient**

186 The surface roughness coefficient of the biofilm was calculated according to Murga et al. (1995):

$$187 \quad R_\alpha^* = \frac{1}{N} \sum_{i=1}^N \frac{|L_{F,i} - \bar{L}_F|}{\bar{L}_F} \quad (9)$$

188 where i represents a particular A-scan and N the overall number of A-Scans. Biofilms with a smooth
189 surface and only few variations from the mean biofilm thickness have low values close to zero. The

190 higher the roughness coefficient, the more variations are expected from the biofilm surface
191 structure.

192 **Biofilm Porosity**

193 The biofilm porosity $\Phi_{biofilm}$ is the ratio of background to foreground signals. Within this study the
194 biofilm porosity excludes background signals outside the biofilm structure. Biofilm porosity is thus
195 the ratio of void signals only within the biofilm and the total area of the biofilm containing both,
196 biomass and voids or cavities. This parameter has already been used to characterize the structure
197 of different biofilms imaged by means of OCT cultivated under different hydrodynamic flow
198 conditions (see Wagner et al., 2010).

$$199 \quad \Phi_{biofilm} = \frac{A_{voids}}{A_{biofilm}} = \frac{A_{voids}}{A_{biomass} + A_{voids}} \quad (10)$$

200 A decline of the biofilm porosity can be interpreted as reduction of void space and thus quantify
201 the compression behavior of the biofilm.

202

203 **Results**

204 Mechanical properties of biofilms grown under similar conditions were investigated in dynamic
205 and time-lapsed deformation experiments at different shear stress levels. It is important to notice
206 here, that dynamic experiments evaluate changes in ‘real’ time while time-lapsed experiments were
207 conducted to measure the viscoelastic behavior of biofilms.

208

209 **Dynamic Biofilm Deformation**

210 In dynamic deformation experiments the impact of a changing flow velocity and shear stress on the
211 biofilm structure was investigated in two experiments. In the first experiment different shear stress
212 levels were applied for 10 s and the corresponding deformation was recorded in a series of B-Scans
213 (see suppl. material, videos 1 and 2). By setting the initial shear stress to growth conditions ($Re = 4$)
214 no compression or deformation was detected compared to no flow conditions. At higher shear
215 stresses of $\tau_w = 0.3, 0.6,$ and 0.8 Pa ($Re = 91, 172,$ and $250,$ respectively) the biofilm showed a
216 deformation/compression along the flow (x-axis). In Figure 2 exemplarily the deformation at $\tau_w =$
217 0.6 Pa is shown after 0, 2, and 10 s, respectively. Due to the patchy biofilm structure, the front
218 section of the biofilm got visibly compressed. The biofilm porosity decreased during the
219 experiment by 2% to a value of 45% and fully recovered to 47% when the shear stress was reduced
220 to the cultivation level. The maximal compression of the biofilm (measured in Figure 2 as distance
221 between the left side of the B-scan and the biofilm) reached $148 \mu\text{m}$ after 2 s. After these 2 s no
222 further compression or change was detected until the flow was stopped. Further increased shear
223 stress did not force a stronger compression. Thereby, it was validated that deformation happens
224 within the first seconds after the increase of the shear stress. Since the biofilm detached partly from
225 the substratum during the deformation experiments and finally sloughed off at a shear stress of 1.1
226 Pa, a biofilm grown in another flow cell has been investigated to assess mechanical properties.
227 A more detailed insight into the deformation process of the first two seconds was gained in a second
228 experiment from a biofilm completely attached to the substratum. This experiment was conducted
229 at a Reynolds number of $Re = 485$ resulting in a shear stress of $\tau_w = 1.64$ Pa. The deformation
230 process was monitored for 2.1 s by acquiring a series of B-scans (see Materials and Methods). The

231 deformation behavior is illustrated in Figure 3. The last image at 2100 ms (white line represents
232 the original structure at 0 ms) indicates the necessity to differentiate the observed biofilm structure
233 into two parts, since a different deformation for the upstream and downstream part of the biofilm
234 was observed. The upstream part showed a large deformation in the first half of the image. For the
235 downstream part of the visualized biofilm a smaller deformation was detected and a filamentous
236 structure showed an elongation caused by the constant stress.

237 The mean biofilm thickness of the whole structure under growth conditions ($\tau_w = 0.01$ Pa) equaled
238 $\bar{L}_F = 420$ μm . The development of the mean biofilm thickness is presented in Figure 4. Increasing
239 the shear stress to $\tau_w = 1.64$ Pa resulted in deformation and a reduction of biofilm thickness. Within
240 400 ms (see Figures 4 and 3, B-scans 200 – 600 ms) the mean biofilm thickness was reduced to
241 $\bar{L}_F = 408$ μm . The mean biofilm thickness of the total structure showed a plateau between B-scans
242 captured at 600 ms and 1300 ms indicated by the grey area in Figure 4 A. The cause for the plateau
243 region can be understood by dividing the image in a front and rear half and investigating the
244 changes of the mean biofilm thickness separately. The calculated mean biofilm thickness for the
245 upstream (front half, filled circle \bullet) and downstream part (rear half, empty circle \circ) of the biofilm
246 structure showed different trends. The front half showed a steady decrease of the mean biofilm
247 thickness, while the rear half kept increasing with a fluctuation between 1500 and 1700 ms. The
248 mean biofilm thickness of the complete biofilm structure decreased after the plateau to $\bar{L}_F =$
249 394 μm and the average biofilm thickness reduction/compression was $\Delta\bar{L}_F = 27$ μm ; ≈ 6 % of the
250 initial mean biofilm thickness. From the structure geometry it is expected that the flow by-passed
251 the rear half of the biofilm causing less changes there as seen in Figure 3 and Figure 4. The
252 filamentous structure at the biofilm surface started to elongate shortly after the shear stress was

253 raised until the end of the experiment (B-scans 400 – 2100 ms, see Figure 3). The maximal
254 elongation detected was $\Delta L = 220 \mu\text{m}$. This was quite large but to be expected for biofilms
255 investigated at the mesoscale. During the experiment the filament oscillated perpendicular to the
256 scan axis, which caused intensity variations and influenced the mean biofilm thickness (see
257 decrease of \bar{L}_F after 1.5 s for the downstream part in Figure 4 A). The surface roughness coefficient
258 also increased over the experimental duration. The development of the surface roughness
259 coefficient is presented in Figure 4 B. By setting the shear stress to $\tau_w = 1.64 \text{ Pa}$, the surface
260 roughness coefficient rose from $R_a^* = 0.177$ to $R_a^* = 0.245$ (see Figure 4 B). At the beginning of
261 the plateau in the mean biofilm thickness curve (see Figure 4 A, B-scan at 600 ms) the slope of the
262 roughness coefficient decreased (see gray highlighted area in Figure 4 B). Subsequent compression
263 did not influence the slope further. At 1600 ms in Figure 4 B an artificial increase was observed.
264 This was due to by-passing biomass causing a ‘shadowing effect’ which in turn led to an
265 underestimation of the mean biofilm thickness and overestimation of the surface roughness,
266 respectively.

267 The intensity of the shear stress caused the front of the biofilm structure to bend and deform. The
268 comparison of the beginning and the end of the experiment is presented in Figure 5. From the cross-
269 sectional views (B-scans) the overall structure appeared intact and no detachment was detected.
270 For the particular biofilm structure OCT did not allow to acquire all signals. Especially, signals
271 from deeper regions and the bottom of the biofilm are missing in Figure 5. These regions appear
272 black and it was not possible to distinguish between cavities/voids and signal depletion. For the
273 investigated structure a decrease of the biofilm porosity $\Delta\Phi_{biofilm} = 2\%$ was calculated over the
274 entire experiment with a biofilm porosity $\Delta\Phi_{biofilm}$ ranging from 66 to 64 %. As described in the

275 Materials and Methods section, the angle of deformation can be used to estimate the shear modulus
276 G. In Figure 5 A the B-scan of undeformed biofilm is shown. The straight white line thereby marks
277 the position of the biofilm before the deformation at $\tau_w = 1.64$ Pa. The measured change in the
278 angle of deformation was estimated to be $\alpha = 3^\circ$. Assuming a minimum uncertainty of 1 pixel (or
279 $8.6 \mu\text{m}$) with respect to the positioning of the line at the biofilm structure used to measure the angle
280 of deformation, a shear modulus of $G = 31.3 \pm 0.5$ Pa was estimated for this single shear stress
281 experiment.

282 **Time-Lapsed Biofilm Deformation**

283 A biofilm was exposed in a time-lapsed experiment to a shear stress of $\tau_w = 1.64$ Pa for 30 min
284 followed by a relaxation of 20 min wherein no shear stress was applied. OCT B-scans were acquired
285 to quantify structural parameters (angle of deformation, the biofilm porosity, etc.) as well as to
286 calculate mechanical characteristics of the biofilm (shear modulus G, strain ϵ). In Figure 6 a set of
287 four B-scans shows the deformation and recovery properties of the biofilm. The location of the B-
288 scan in relation to the flow cell was constant between the visualization after 0, 1, 30, and 50 min.
289 As shown in Figure 6 the biofilm reached a maximal angle of deformation of $\alpha = 3^\circ$ within the
290 first OCT scan after 1 min and kept the deformation until the applied shear stress was removed.
291 The biofilm in the time-lapsed measurement showed similar behavior compared to the dynamic
292 deformation experiments described in the previous section. Again, from the deformation over time
293 a shear modulus of $G = 29.7 \pm 1.7$ Pa ($n=10$) was estimated confirming the results of the shear
294 stress experiments. After the flow was stopped, the biofilm showed an elastic response by returning
295 into its original position.

296 Additional stress-strain experiments were conducted to assess the viscoelastic properties of biofilm
297 grown in the flow cell. Therefore, C-scans were acquired to follow the deformation and recovery
298 of the biofilm structure. Briefly, shear stress was incrementally increased in a load cycle and
299 decreased in an unload cycle ranging from $\tau_w = 0 - 3.6$ Pa ($\Delta\tau_w = 0.4$ Pa, $Re = 0 - 1000$).
300 Shear stress was kept constant for 1 min before OCT C-scans were acquired. The change of the
301 internal volumetric biofilm structure was estimated by analyzing the each B-scans of the
302 corresponding C-scan. The volumetric porosity development is shown in Figure 7 A and decreased
303 during the load cycle by $\Delta\Phi_{biofilm} \approx 7\%$ from $\Phi_{biofilm} = 51 \pm 12\%$ to $43 \pm 10\%$ (see
304 Figure 7 A). During the unload cycle the porosity dropped slightly by approximately 1% and
305 remained then constant at a level of $\Phi_{biofilm} = 43 \pm 10\%$ until a shear stress of $\tau_w = 1.6$ Pa was
306 reached. A further decrease of the shear stress increased the biofilm porosity to $\Phi_{biofilm} = 46 \pm$
307 10%. Due to erosion the biofilm porosity dropped at $\tau_w = 2$ Pa during the loading cycle. The
308 surface roughness coefficient R_a^* of the volumetric representation showed a similar behavior and is
309 presented in Figure 7 B. It kept decreasing in the load cycle ($R_a^*(0 \text{ Pa}) = 0.58 \rightarrow R_a^*(3.6 \text{ Pa}) = 0.55$)
310 and increasing in the unload cycle ($R_a^*(3.1 \text{ Pa}) = 0.535 \rightarrow R_a^*(0 \text{ Pa}) = 0.57$). During the load cycle
311 a relatively large change of the roughness coefficient occurred at a shear stress of $\tau_w =$
312 1.2 and 2.4, respectively. In the unload cycle the recovery of the surface roughness coefficient was
313 quite smooth. In Figure 8 an OCT B-scan of the biofilm is shown at no load conditions ($\tau_w = 0$
314 Pa). The white line represents the structure before the load cycle. It displays the structural change
315 between the beginning and end of the experiment at $\tau_w = 0$ Pa. After the experiment the structure
316 did not regain its original shape as to be expected for a viscoelastic behavior of biofilms. At the
317 upstream part the biofilm structure is deformed while at the rear part erosion occurred.

318 To characterize the viscoelastic behavior of the biofilm in more detail, the mean biofilm thickness
319 and the strain were calculated for the biofilm structure present in the center B-scan of the
320 corresponding C-scan acquired at the different shear stress level. In Figure 9 A the mean biofilm
321 thickness is related to the shear stress. The mean biofilm thickness decreased from $\bar{L}_F = 220$ to
322 $160 \mu\text{m}$ corresponding to an average compression of 27%. During the first four changes of shear
323 stress in the load cycle the mean biofilm thickness decreased as a result only of the compression of
324 the biofilm structure. At $\tau_w = 1.2 \text{ Pa}$ detachment occurred followed by a reduced slope in the mean
325 biofilm thickness curve. During the unload cycle the mean biofilm thickness kept increasing until
326 $\bar{L}_F = 175 \mu\text{m}$. This corresponds to 80 % of the initial mean biofilm thickness of $220 \mu\text{m}$. The
327 unload cycle thereby revealed the viscoelastic behavior of biofilms. Furthermore, strain was
328 calculated based on the center B-scans and linked to the shear stress in a stress-strain curve. The
329 stress-strain correlation is given in Figure 9 B. In the load cycle the applied shear stress correlated
330 linearly to the resulting strain. Fitting a linear function to the data allowed for extraction of the
331 slope and the calculation of the Young's Modulus E . The Young's Modulus E was estimated to
332 equal $E = 36.0 \pm 2.6 \text{ Pa}$ ($r^2=0.97$, $n=3$). During the unload cycle a hysteresis was detected and no
333 clear correlation between applied shear and strain could be estimated. The results prove the
334 viscoelastic characteristics of the analyzed biofilm.

335 **Discussion**

336 By suddenly changing the volumetric flow to vary shear stress, the behavior of biofilm structures
337 under these changed conditions was investigated. Therefore, series of B-scans (2D) and C-scans

338 (3D) have been acquired at the mesoscale, respectively. The imaging datasets were analyzed to
339 characterize structural as well as mechanical properties of biofilms in more detail.

340 We demonstrate the application of OCT to investigate dynamics of the biofilm structure in shear
341 stress and stress-strain experiments without the necessity of a sample preparation, non-invasively,
342 *in situ*, and fast. The results presented in the current study allowed to follow the initial dynamics
343 and in addition reveal elastic and viscoelastic properties of mesoscopic biofilm structures. The
344 results of image analysis can further be used for a qualitative and quantitative interpretation of
345 biofilm rheology.

346

347 **Dynamic Processes**

348 Exposing biofilms to different shear stress levels showed that it took approximately 2 seconds for
349 the biofilm to adapt to new shear stress conditions by deformation (compression and elongation).

350 He *et al.*, (2013) showed, that according to the Maxwell model, the viscoelastic behavior of biofilms
351 can be described by three stress relaxation processes, each with a characteristic time-constant. The
352 fastest process corresponds to water extrusion and occurs within the first few seconds during
353 externally applied load. The other two relaxation processes were related to the rearrangement of
354 biofilm constituents (e.g., EPS) occurring between 5 to 100 s after the load was created. The
355 rearrangement of bacteria within the deformed biofilm occurs when the load is applied for more
356 than 100 s. This coincides well with the initial deformation behavior found in the shear stress
357 experiments conducted in this study at different shear stress levels. Within the time frame of 2 s the
358 biofilm either compressed/deformed (see suppl. material, video 1) or detached (see suppl. material,
359 video 2). The whole biofilm adapts quickly to the invoking stress, while the largest compression
360 can be measured in the upstream part of the biofilm structure. After the adaption phase no change

361 in the position of the biomass or voids was detected until the flow was stopped. The behavior seems
362 to be plausible due to fact that the upstream part of the biofilm faces the strongest forces as shown
363 for biofilm streamers by Taherzadeh et al. (2010). For the 10 s of applied shear stress no creep was
364 expected and the biofilm returned to its initial shape. For the highest shear stress applied in the first
365 shear stress experiment ($\tau_w = 1.1$ Pa) the biofilm detached after an adaption phase and finally
366 sloughed off within two B-scans ($\Delta t \approx 250$ ms, see suppl. material, video 2). Because the A-scan
367 rate was set to 10000 s^{-1} for an enhanced imaging quality, it was not possible to follow the
368 detachment and sloughing in more detail. Setting the A-scan rate to 30000 s^{-1} could allow for the
369 visualization of detachment processes. There are OC tomographs available, which provide A-scan
370 rates up to approximately 10^5 s^{-1} and thus could possibly follow erosion and sloughing (Drexler
371 and Fujimoto, 2008).

372 Nevertheless, further insights into the dynamics of the biofilm structure were revealed from shear
373 stress experiments. The advantages of OCT over other imaging modalities to follow a biofilm
374 deformation (i.e., stereo microscopy as shown by (Stoodley et al., 1999)) are obvious since in
375 addition to the deformation the change in the biofilm thickness, porosity, and surface roughness
376 were revealed.

377 The analysis of the biofilm thickness development after the shear stress was set to $\tau_w = 1.64$ Pa
378 shows the strength of the imaging by means of OCT. Between 600 – 1300 ms the mean biofilm
379 thickness reached a plateau (see Figure 4 A). In more detail it was shown that for the upstream part
380 of the biofilm structure the mean biofilm thickness kept decreasing, whereas the downstream part
381 showed a slight increase. This is the result of two effects. One concerns the elongation of the upper
382 filamentous structure, which causes the mean biofilm thickness to rise, and the second effect is the

383 elastic expansion perpendicular to the flow caused by the compression along the flow (see Figure
384 3). This is known for elastic materials and the Poisson's ratio provides a number for this behavior.
385 While elongation of the biofilm continued until the shear stress experiment finished, the mean
386 thickness kept decreasing, indicating that elongation did not compensate totally for the compression
387 (see Figure 4 A). Especially the base of the filamentous structure, which was pushed downstream,
388 enhanced the mean biofilm thickness of the downstream part. These effects compensated for the
389 decrease of the mean biofilm thickness of the upstream part, yielding a steady mean biofilm
390 thickness of the complete structure. This was further supported by the change of the surface
391 roughness coefficient. The constant rise of the roughness coefficient during the plateau phase
392 indicated that the biofilm structure was compressed unequally over its length. The deformation of
393 the upstream surface led to a reduced biofilm thickness compared to the downstream part. Hence,
394 the variation of the local biofilm thickness compared to the mean biofilm thickness increased;
395 consequently the roughness coefficient increased, too.

396 A limitation of the acquisition of cross-sectional views (B-scans) is the movement of biofilm out
397 of the imaging plane during data collection. For example oscillation of the filamentous part of the
398 biofilm caused the structure to bend/move out of the B-scan. This led to signal depletion especially
399 in measurements under dynamic flow conditions. As a consequence the OCT lost biomass-related
400 signals explaining the drop at 1600 ms in the mean biofilm thickness curve for the downstream part
401 of the biofilm in Figure 4 A. Another consequence was a variation of the surface roughness
402 coefficient as seen in Figure 4 B. Similar signal depletion can occur due to detachment. OCT is
403 sensitive for particles blocking the light path (Haisch and Niessner, 2007). Biomass flushed through
404 the flow channel scatters the light rather than reflects it, causing the depletion of signal as shown
405 in Figure S1. Scattering can cause problems in time-resolved measurements and might create data

406 variations influencing the quality of calculated structural parameters. To reduce the impact of such
407 imaging artifacts averaging of A- or B-scans can be acquired with the drawback of prolonged
408 measurement time.

409 In Figure 5 the elongation determination of the biofilm structure is illustrated. The measured
410 elongation of the filamentous structure was $220\ \mu\text{m}$ and is as large as whole biofilm structures
411 reported from other rheological studies by Klapper et al. (2002) or Stoodley et al. (1999). Stoodley
412 et al. (1999) conducted similar flow cell experiments on the microscale with biofilm streamers
413 grown at high shear stress ($\tau_w = 3.6\ \text{Pa}$). They used light microscopy to determine the angle of
414 deformation and elongation of the structure as well as applied fluorescent particles to calculate
415 strain. The limitations of such experiments are on the one hand the size of the biofilm structure of
416 only a few hundred μm due to the restricted field-of-view of microscopes and on the other hand the
417 restriction of the visualization to the surface structure of the biofilm (xy-cross section) rather than
418 the xz-cross sections (2D) or C-scans (3D) acquired by means of OCT. Of course one could add
419 fluorescent particles, which are embedded into the biofilm structure and their displacement is tried
420 to follow by means of stereo-microscopy imaging (Hu et al., 2013); somehow similar to the impact
421 of the nanoparticle size onto their diffusion in biofilms (Peulen and Wilkinson, 2011). Nevertheless,
422 with microscopic techniques it is still not possible to describe validly the cavity distribution or
423 reveal dynamics inside the biofilm without manipulation the structure. In the experiments of
424 Stoodley et al. (1999) an effective shear modulus of $G = 27.1 \pm 0.9\ \text{Pa}$ was measured, which is
425 close to the findings of this study of an average shear modulus of $G = 29.7 \pm 1.7\ \text{Pa}$. Despite the
426 size difference the biofilms indicated similar rheological behavior compared to the experiments
427 presented in the current study.

428 Another technique to describe biofilm morphology on the microscale is atomic force microscopy
429 (AFM). AFM is a powerful technique to image the biofilm surfaces at nanometer resolution. The
430 technique is often used to investigate single cell attachment onto substrata or interfaces (Beech et
431 al., 2002). Disadvantages, however, are the incapability to investigate insights of the structure as
432 well as a destruction of the biofilm caused by the cantilever (Böl et al., 2013).

433 OCT could in future be used to link and understand differences of rheological experiments on the
434 micro- and macroscale. Rheological experiments on the macroscale should be interpreted
435 differently (Ochoa et al., 2007). Unlike experiments on the microscale, setups such as rotating disc
436 rheometers do not investigate defined or individual biofilm structures, but rather a community and
437 therefore an average of the rheological properties. Towler et al. (2003) conducted rotating disc
438 rheometry experiments with multi-species biofilms. In their macroscale experiments a shear
439 modulus ranging from $G = 0.3 - 45$ Pa was measured. This allows concluding that there is
440 heterogeneity within the biofilm structure and between different biofilms. Thereby, a detailed
441 examination of local structures as presented in this study is justified since the local biofilm
442 characteristics merge in macroscale experiments. The shear moduli from different experiments vary
443 over a wide range and are summarized in Böl et al. (2013). However experiments on the macroscale
444 lack information of how the inner structure of the biofilm changes and influences mechanical
445 stability and mass transfer. Properties such as porosity as well as biomass and cavity distribution
446 have influence on structural stability and need to be considered. This was further investigated in
447 time-lapsed measurements and is discussed in the following.

448

449 **Time-Lapsed Processes**

450 During the time-lapsed experiments the viscoelastic behavior of the biofilms was investigated.
451 While the mean biofilm thickness decreases as result of increasing shear stress, the biofilm did not
452 regain its initial structure after flow was stopped. Only 80 % of the initial biofilm thickness was
453 reached. Dreszer et al., (2014) showed that flow normal to the biofilm surface has a high impact on
454 biofilm compression in a lab-scale cross-flow membrane filtration applications. By enhancing the
455 permeate flux from 20 to 60 L m² h⁻¹ for 1 h, followed by lowering to the original flux, they
456 measured a restore of the mean biofilm thickness of 75 %. Their result is thus in good agreement
457 with the results presented in this study. Application of shear stress during stress-strain experiments
458 caused filaments at the biofilm surface to attach onto the structure in order to adapt to the changed
459 flow and shear conditions. This is in agreement with the trend of the surface roughness coefficient,
460 which tends to decrease during increasing shear stress and *vice versa*. Movement of (filamentous)
461 structures or detachment had great impact on the surface roughness coefficient leading to a sort of
462 ‘steps’ in the corresponding curve. The surface roughness coefficient calculated for C-scans was
463 higher than those for B-scans due to a greater variance in biofilm thickness within the captured
464 volume. This was mainly a result of the overall biofilm structure not covering the whole imaging
465 area. Space on the substratum that is not or barely covered reduced the calculated mean biofilm
466 thickness and hence led to a higher surface roughness coefficient compared to those calculated
467 from B-scans. For volumetric representations (C-scans) the biofilm porosity gives accurate values
468 to describe dynamics in the biofilm. As the biofilm is compressed, water will be excluded from
469 voids. The recovery of porosity during the decreasing shear stress supports that the biofilm did not
470 regain its original conformation. In consequence the adaption to further changing shear stress
471 conditions is influenced or restricted. While the biofilm porosity during elastic deformations

472 changed by $\Delta\Phi_{biofilm} = 2\%$, inelastic deformation showed a change of $\Delta\Phi_{biofilm} = 7\%$. This
473 does not only influence the biofilm structure, but will also influence the diffusive transport of
474 nutrients within the biofilm matrix. In several studies the effect of changing diffusion coefficients
475 in biofilms grown at different flow velocities were demonstrated (Beyenal and Lewandowski,
476 2002; Brito and Melo, 1999). Brito and Melo (1999) showed with their experiments that an increase
477 of the mass transfer coefficients by up to 20 % is possible. This is in agreement with dynamic 2D
478 modeling approach introduced by Taherzadeh et al. (2012) who showed how mass transfer is
479 influenced by moving biofilm streamers. Taherzadeh et al. (2012) calculated an increase in
480 substrate uptake for the whole biofilm streamer of up to 20 % and even higher at the most
481 oscillating streamer tip.

482 With OCT as presented in this communication, a link between the mesoscopic biofilm structure
483 and the biofilm porosity could be shown. Furthermore, it is expected to be the main reasons for
484 changes on mass transfer processes as well as on the viscoelastic deformation of biofilms. The
485 estimated Young's Modulus E is in good agreement with other studies. Stoodley *et al.* (1999) for
486 instance performed similar stress-strain experiments in flow cells and estimated an average
487 Young's Modulus of $E = 40 \pm 8$ Pa for their biofilm compared to $E = 36 \pm 2.6$ Pa presented
488 here. Stoodley *et al.* (1999) applied shear stress up to $\tau_w = 10$ Pa and showed the viscoelastic
489 behavior of biofilms and additionally shear thickening for shear stresses over $\tau_w = 5$ Pa. Shear
490 thickening was not detected in the current experiments, because the maximal shear stress applied
491 was 3.6 Pa. The hysteresis in the stress-strain curves might also be a result of creep. However,
492 Shaw et al. (2004) showed that there is a distinct time interval for elastic responses in biofilms.
493 This is the time it takes for completely irreversible deformation. While biofilms in their studies

494 showed an average elastic response time of 18 min, the authors observed irreversible deformation
495 also in shorter periods of time. Within the experiment presented here, shear stress applied over 30
496 min resulted still in an elastic response. Changes in strain might have been present, but did not
497 exceed the lateral resolution of the OCT of 8.6 μm .

498

499 **Conclusions**

500 OCT is a versatile tool to investigate structural changes of biofilms *in situ* in ‘real’ time or in time-
501 lapsed measurements. OCT B-scans are capable of capturing dynamic biofilm structure changes
502 caused by a change in shear stress, while OCT C-scans provide additional information about the
503 viscoelastic behavior and how parameters such as porosity or surface roughness influence the
504 mechanical stability of biofilms. The non-invasive and *in situ* visualization of biofilms at the
505 mesoscale offers the possibility of calculating rheological properties such as the shear modulus G
506 or the Young’s Modulus E as well as geometrical changes such as the angle of deformation α ,
507 elongation ΔL , and strain ε to describe the biofilm structure and its changes. The shear modulus G
508 as well as Young’s Modulus E have been estimated on a similar level compared to other studies.
509 Moreover, viscoelasticity has been shown in stress-strain experiments and was in good agreement
510 with values reported in literature. The fast scanning speed of OCT allows to acquire images in 2D
511 and 3D without destroying the biofilm structure. Furthermore, OCT reveals insights about the
512 biofilm structure and will thus help to better understand the formation and maturing of biofilm
513 structures as well as capture the dynamics of the initial behavior of biofilms under suddenly
514 changing shear stress conditions. An interesting application of OCT could thus be the quantification
515 of dental plaque and the effect of the cleaning device on the dental biofilm (Busscher et al., 2010).

516 As a proof of concept we showed that OCT is a powerful imaging technique, which additionally
517 allows quantifying biofilm rheology in dynamic and time-lapsed experiment to complete the
518 understanding of the interaction between structural properties and rheological behavior.

519 **Acknowledgments**

520 This work was funded by the European Commission grant 611640. For the technical advice and
521 manufacture of the flow cells we would like to thank Stefan Giselbrecht from the Institute for
522 Biological Interfaces at the Karlsruhe Institute of Technology. The authors would also very much
523 like to thank all reviewers for their contributions and mindful advices improving the manuscript.

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- 613

614 **Figure Captions**

615 **Figure 1: A** Scheme of the flow cell setup for biofilm cultivation and OCT measurements. Images
616 were taken from biofilm colonies grown in the middle of the flow channel. **B** The principle of the
617 spectral domain OCT is a Michelson interferometer setup with a broadband super luminescent
618 diode (SLD), a beam splitter, and a fixed reference mirror. Two scanning mirrors in the sample arm
619 allow to create a depth scan (A-scan), a cross section of the biofilm (B-scan) or a volumetric
620 representation (C-scan).

621 **Figure 2:** Brightness enhanced B-scan from the first shear stress experiment at $\tau_w = 0.8$ Pa. The
622 image shows the maximal deformation along the axis of flow. The white line represents the
623 structure before the flow started and the deposition and structural change of the two largest voids.
624 Scale bar equals 250 μm .

625 **Figure 3:** Brightness enhanced B-scans. The montage displays every second B-scan of the second
626 shear stress experiment. Steady mean biofilm thickness occurred between B-scan 600 ms and 1300
627 ms. Within the final image at 2100 ms the shape of the original biofilm structure is represented by
628 the white line. Scale bar equals 250 μm .

629 **Figure 4: A** Plot of the mean biofilm thickness varying over time. The mean biofilm thickness \bar{L}_F
630 of the total structure (crosses \times) shows a plateau between B-scan 600 ms and 1300 ms, indicated
631 by the grey area, as a result of a difference in compression of the upstream half (filled circle \bullet) and
632 downstream half (empty circle \circ). **B** shows the plot of the surface roughness coefficient R_a^* over
633 time. The biofilm roughness coefficient R_a^* shows a linear slope, which is reduced at the beginning
634 of the steady biofilm thickness, indicated by the grey area.

635 **Figure 5:** Brightness enhanced OCT B-scans of the biofilm deformation as a function of the shear
636 stress τ_w from the beginning and the end of the experiment. **A** shows the OCT B-scan at 0 ms under
637 growth conditions $\tau_w = 0.01$ Pa while **B** shows OCT B-scan at 2100 ms, after changing the shear
638 stress to $\tau_w = 1.64$ Pa. The filamentous structure elongated due to the shear stress ($\Delta L = 220 \mu\text{m}$).
639 Simultaneously a change of the angle of deformation $\alpha = 3^\circ$ was observed. Scale bar equals 250
640 μm . Flow from left to right.

641 **Figure 6:** Deformation of the of the biofilm structure in a time-lapsed experiment. A shear stress
642 of $\tau_w = 1.64$ Pa was applied for 30 min and consecutive relaxation was monitored over 20 min. A
643 maximal angle of deformation $\alpha = 3^\circ$ was detected within 1 min and did not change until the flow
644 was stopped. The biofilm showed elastic response by returning into its original conformation after
645 50 minutes. Scale bar equals 250 μm . Flow from left to right.

646 **Figure 7:** **A** Plot of the volumetric biofilm porosity changing over time in a time-lapsed
647 deformation measurement. The porosity of the volumetric representation equaled $\Phi_{\text{biofilm}} = 51 \%$
648 at the beginning of the experiment. It decreased by $\Delta\Phi_{\text{biofilm}} = 7\%$ during the loading cycle and
649 regained a porosity of $\Phi_{\text{biofilm}} = 46 \%$ at the end of the experiment. **B** Plot of the volumetric
650 surface roughness coefficient over time. The biofilm surface roughness decreased during the load
651 cycle and increased during the unload cycle. The steps are a result of biofilm detachment.

652 **Figure 8:** Cross section from the volumetric representation. The image shows the biofilm after the
653 stress-strain experiments at $\tau_w = 0$ Pa while the white line represents the biofilm structure from

654 the beginning of the experiment. The image shows the viscoelastic deformation in the front half
655 and the detachment in the rear half. Scale bar equals 250 μm . Flow from left to right.

656 **Figure 9:** **A** Plot of the mean biofilm thickness during a stress-strain experiment. The viscoelastic
657 behavior can directly be related to the reduced biofilm thickness after the experiment. **B** Stress-
658 strain curve also shows the viscoelastic biofilm deformation. The hysteresis is directly related to
659 viscoelastic properties of the biofilm. From the linear part during the load cycle the Young's
660 modulus E was estimated to be $E = 36.0 \pm 2.6$ Pa via least squares fit.

figure 1

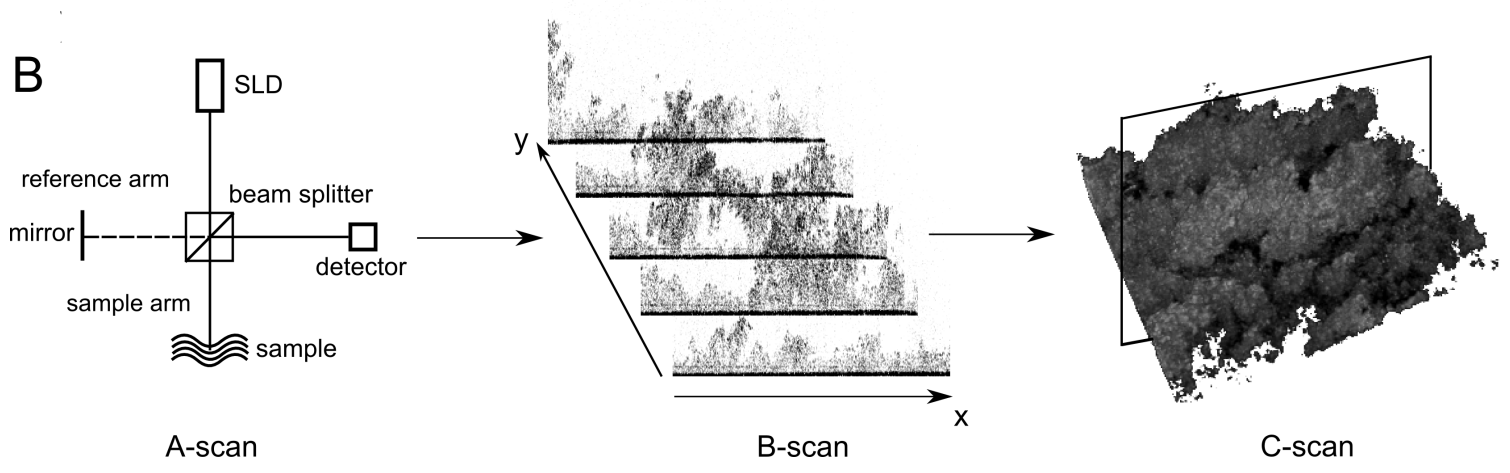
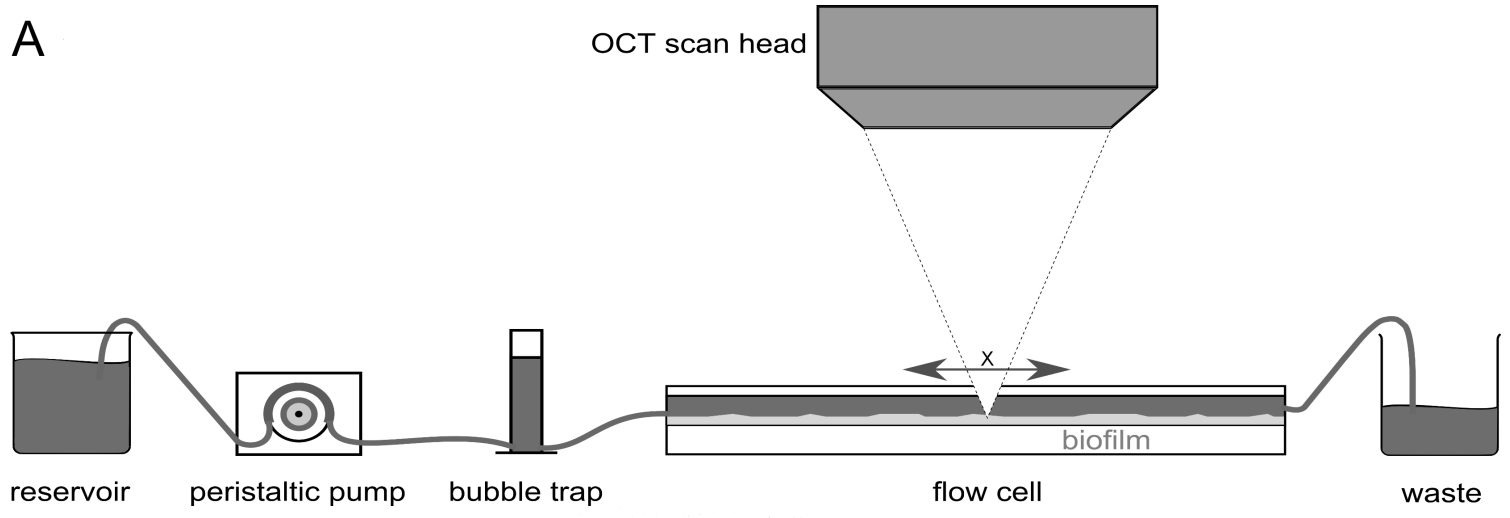


figure 2

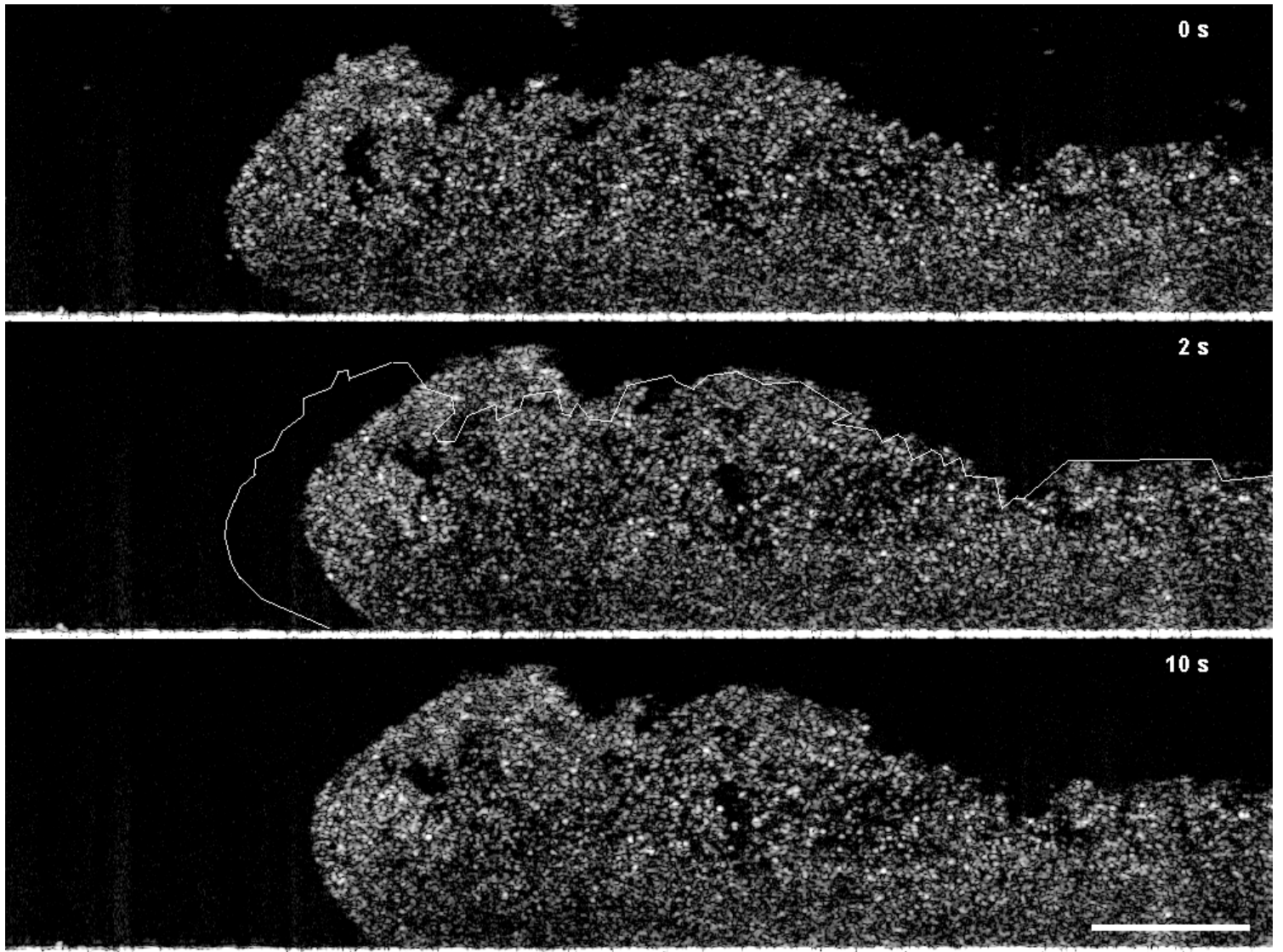


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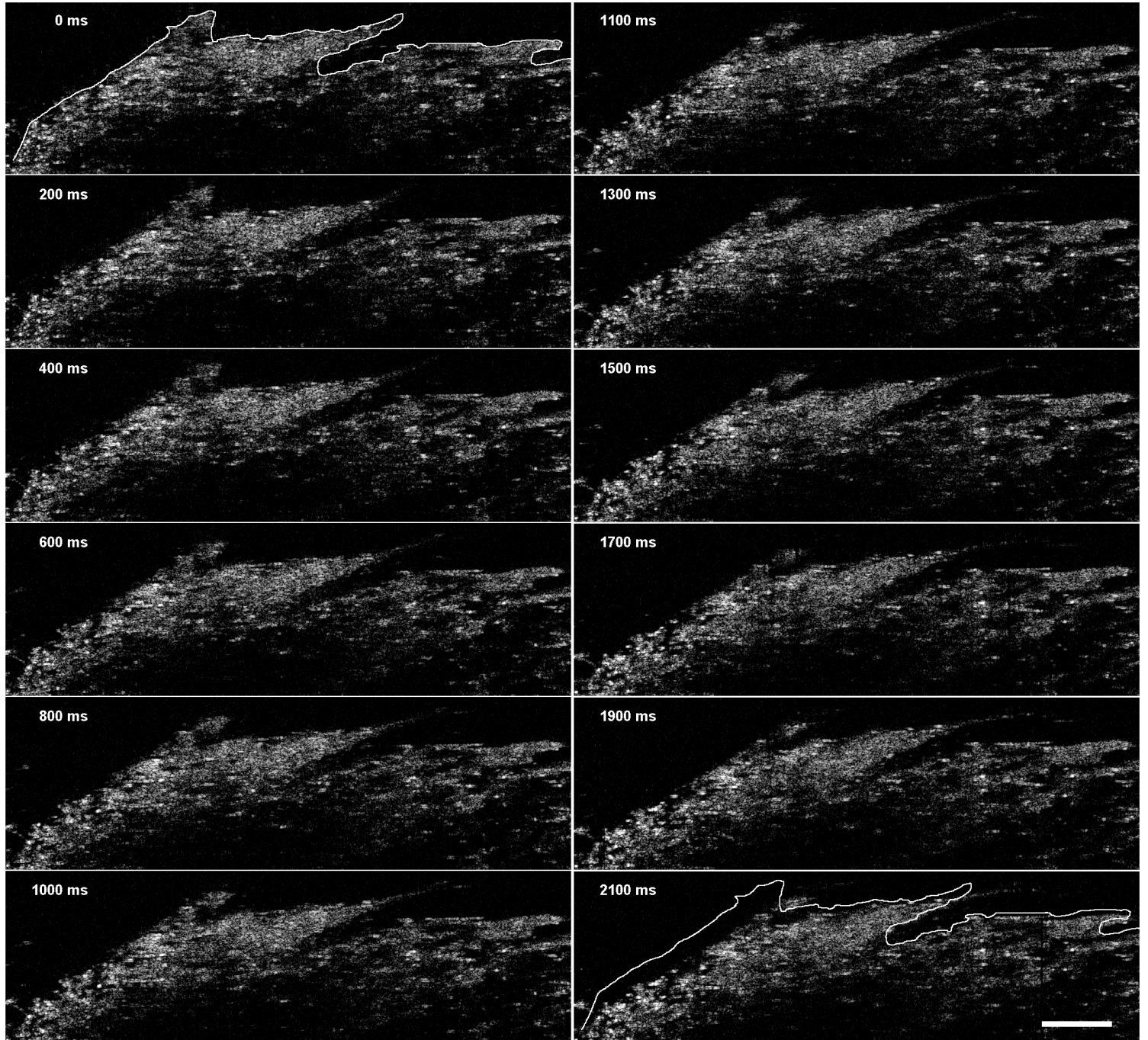


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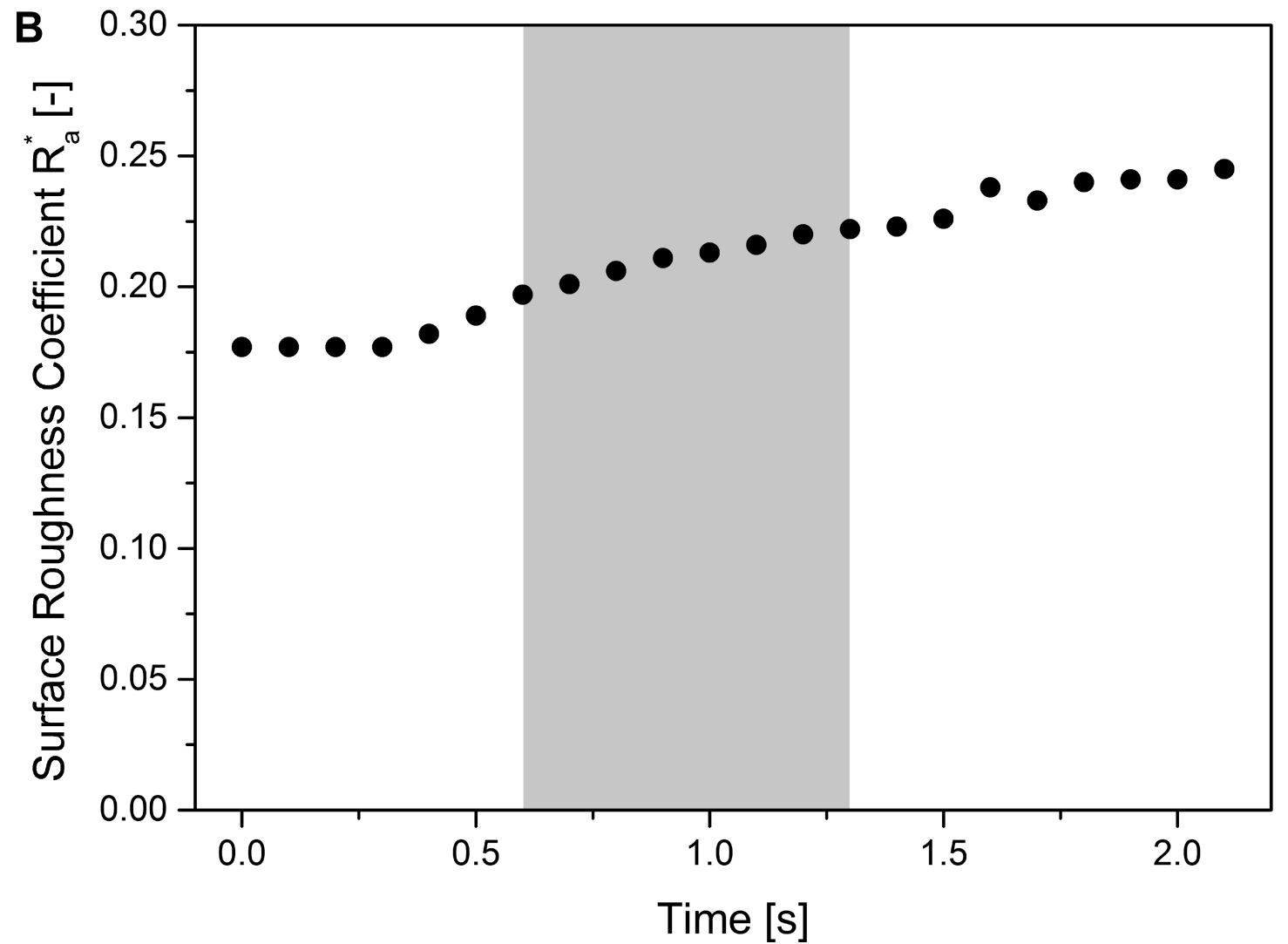
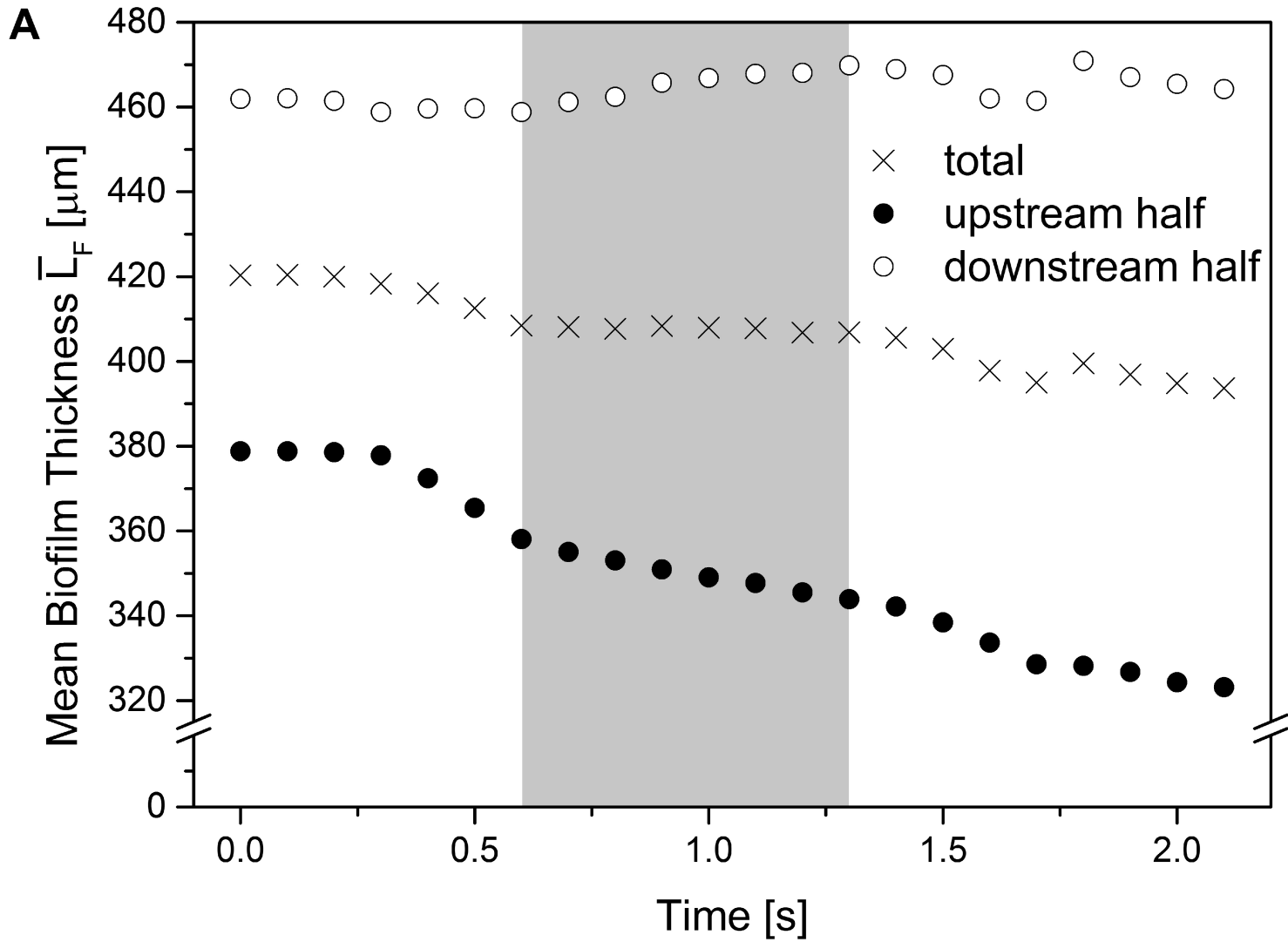


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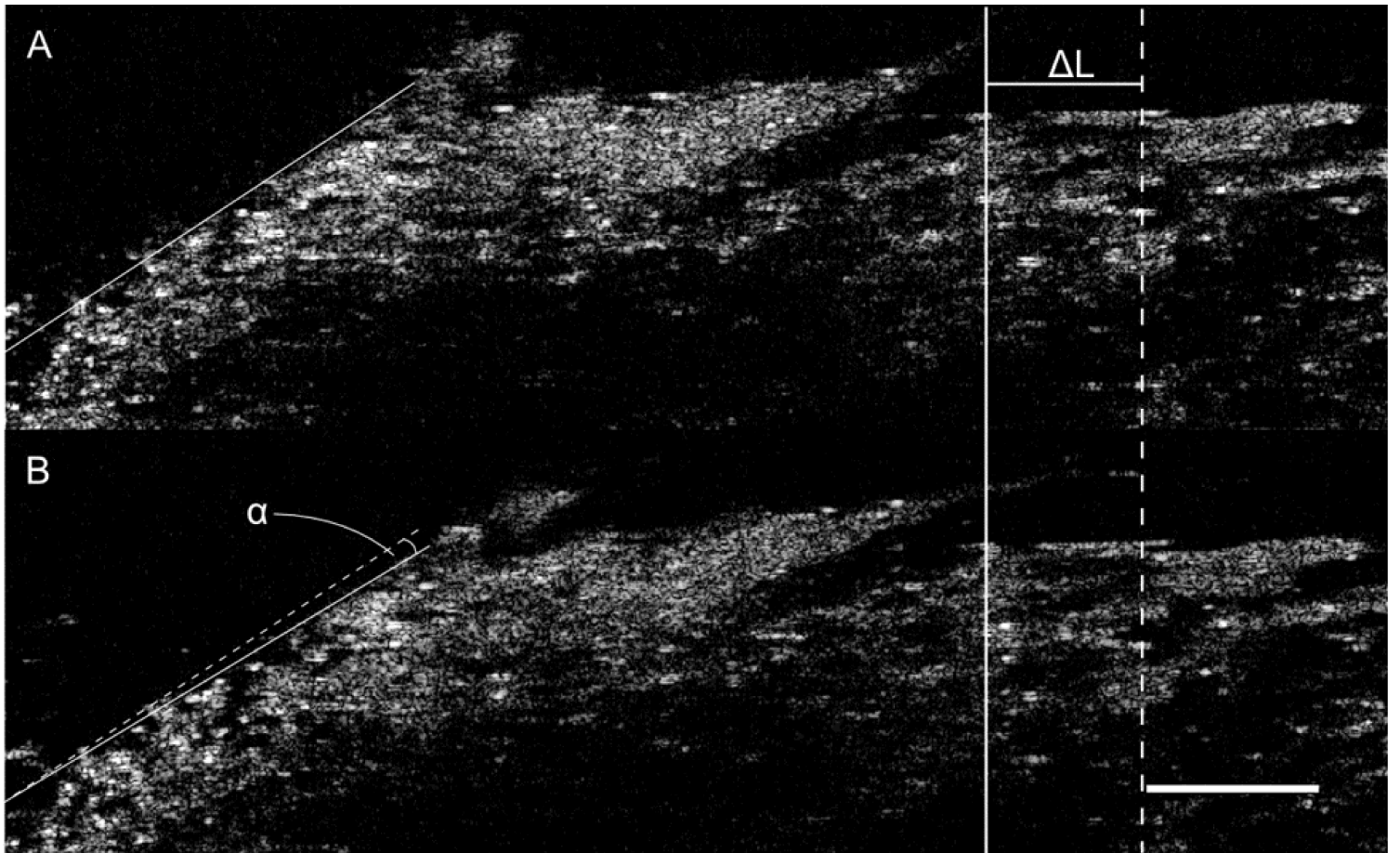


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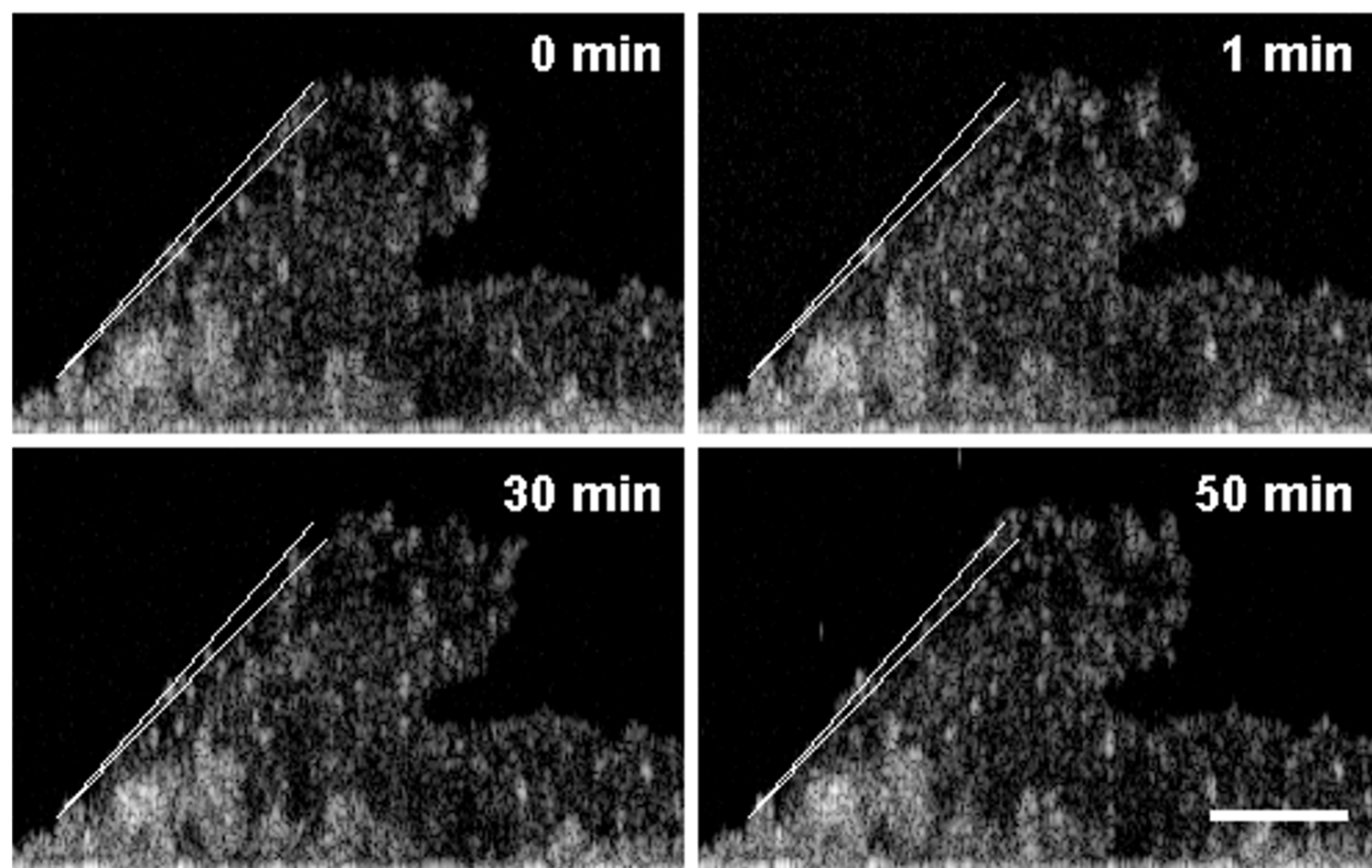


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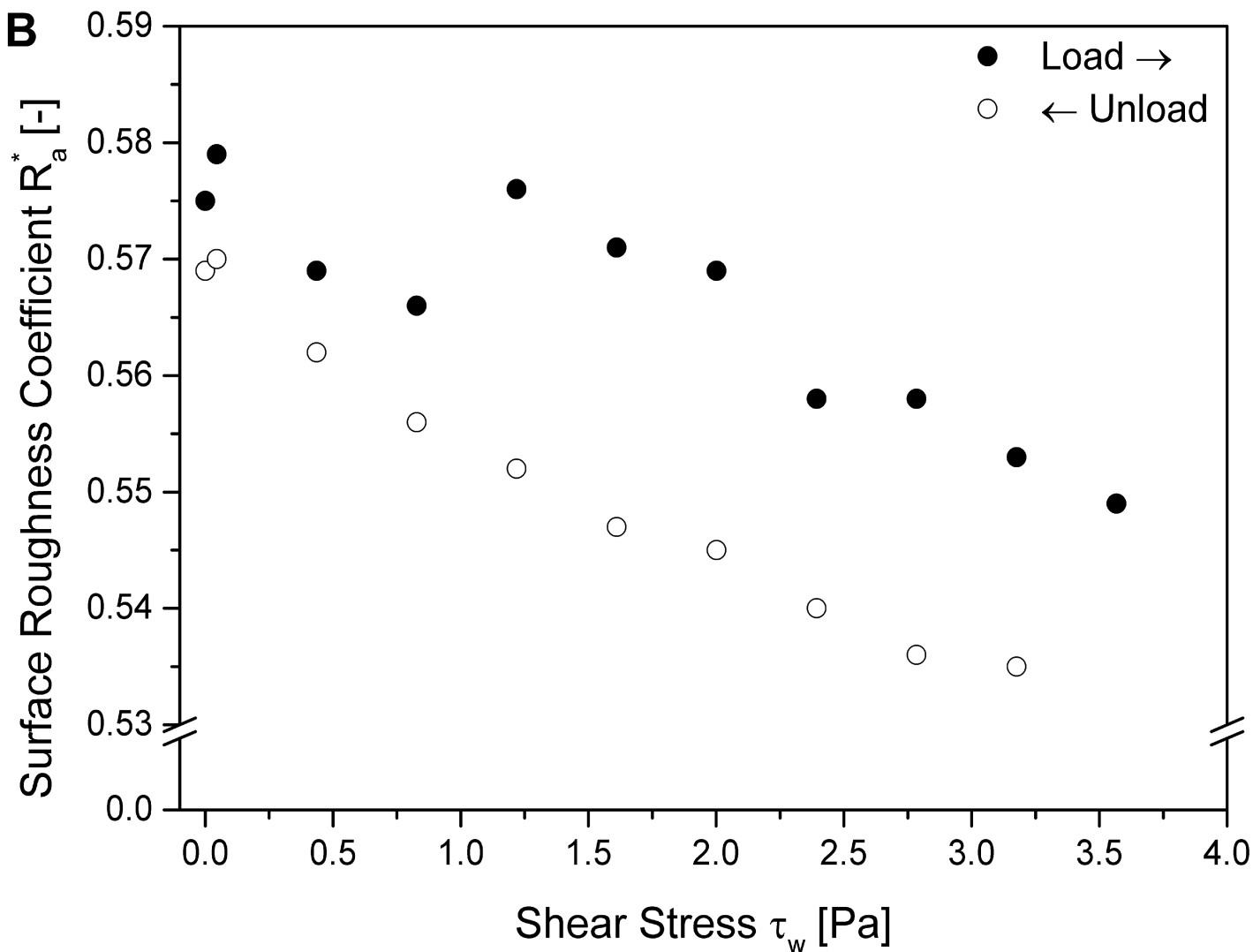
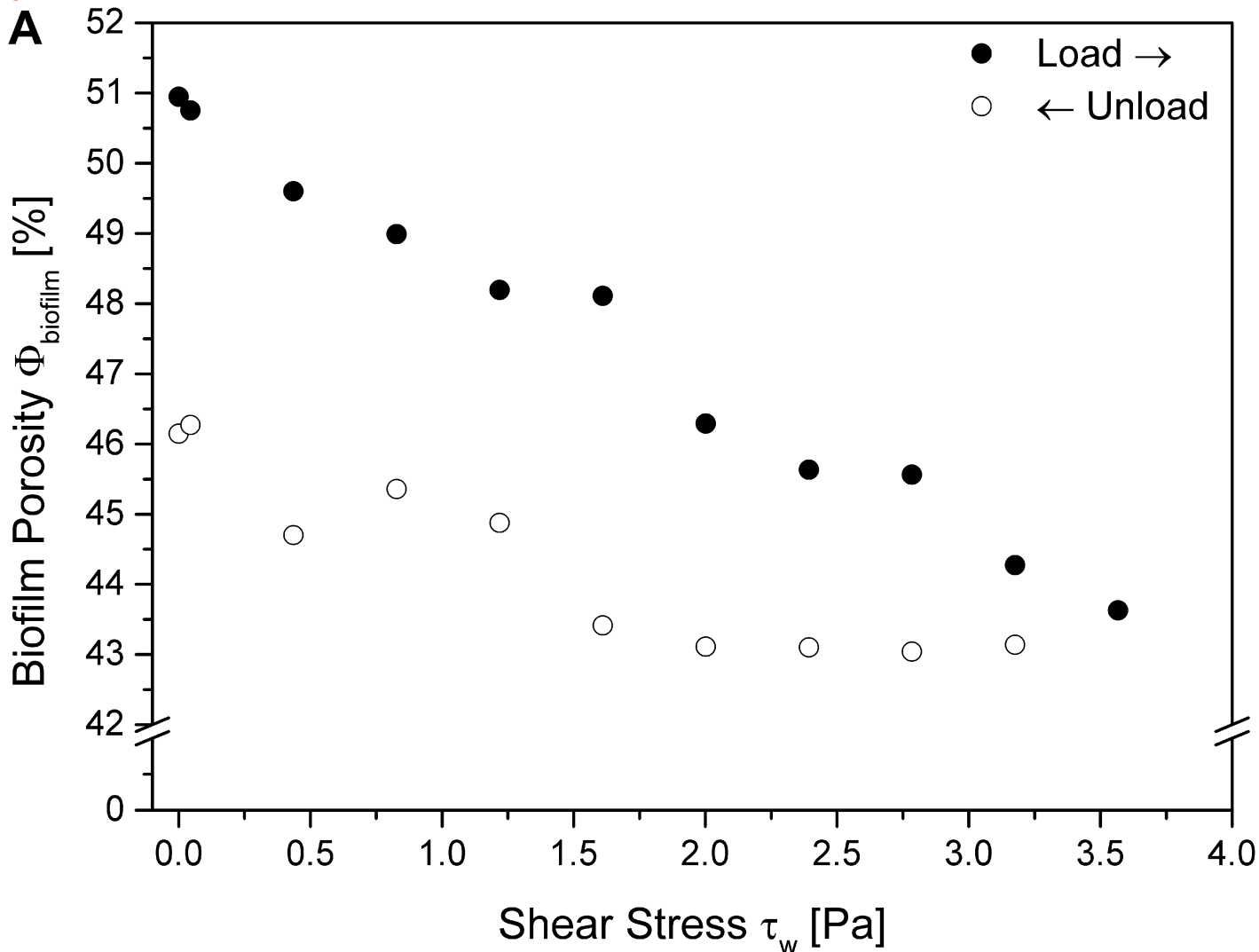


figure 8

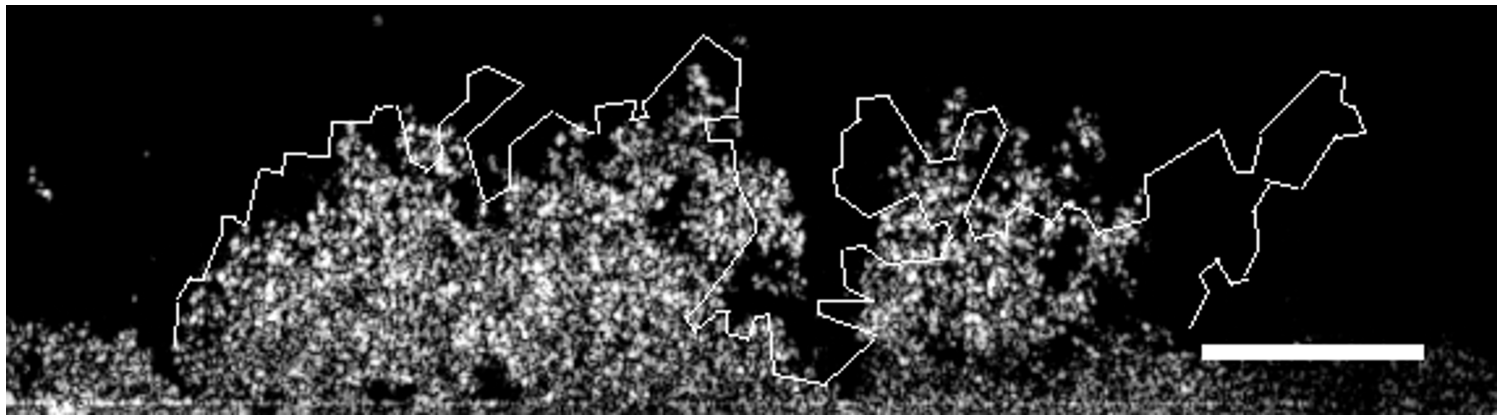


figure 9

